Target Audience: Volunteers Social service agencies Clergy Helping professionals

Course Dates: Introduction: Tuesday, September 11, 2012 Three online modules Wrap up: Tuesday, October 16, 2012

Cost Total price of the course is \$60. The fee includes a book and other resources.

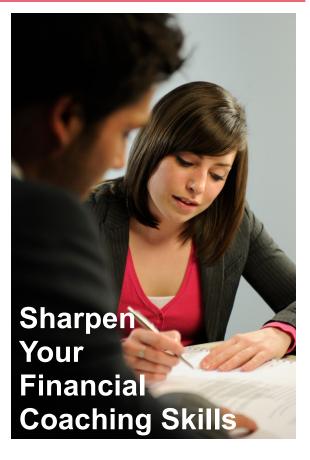
Course Instructors: Joyce Lash, Family Finance Program Specialist Patricia Swanson, Ph.D., CFP®, ISU Family Extension Program Specialist

Questions about the course: Call: 641.464.5003 or Email: lash@iastate.edu

lowa State University Extension and Outreach programs are available to all without regard to race, color, age, religion, national origin, sexual orientation, gender identity, genetic information, sex, marital status, disability, or status as a U.S. veteran. Inquiries can be directed to the Director of Equal Opportunity and Compliance, 3280 Beardshear Hall, (515) 294-7612.

Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Cathann A. Kress,

Iowa State University Extension and Outreach 68 LeBaron Hall Iowa State University Ames, IA 50011-4380



A 5-week review of skills to assist individuals when resolving financial management problems beginning Tuesday, September 11, 2012 Wapello County Extension 214 East Main Ottumwa, Iowa

IOWA STATE UNIVERSITY Extension and Outreach

Sharpen Your Financial Coaching Skills

Interested in helping those around you who are struggling with their family finances? **Sharpen Your Financial Coaching Skills** is a 5-week in-person and online course designed to help non-profit organizations/ groups/ individuals assist others with their financial management concerns.

You will learn to:

- Recognize the causes, complexity, and associated stress of financial problems.
- Become aware of tools and strategies available to assist individuals with various financial problems.
- Identify "coaching skills" you can utilize when working one on one with individuals to facilitate their action steps.
- Recognize client situations that are and are not appropriate for a non-professional to address.

A dual-approach to learning:

• Attend two face to face sessions and participate in the **online learning** at your convenience. Each week a new topic will be introduced. In addition to the content provided, you also will have the opportunity to complete learning exercises and interact with the instructor and other participants via weekly chat room and course email.

Course schedule:

September 11, 2012 Wapello County Extension Meeting Room, 214 East Main, Ottumwa, Iowa 52501 Sessions Available: 1:00-3:30pm

or 6-8:30 pm

In-person kick-off session

- Introduction to financial coaching
- Learn personal financial management strategies
- Receive tool kit for financial coaches
- Receive information for how to log into the online course

Week of September 25— online learning

Communicating about Money

Week of October 2— online learning Tracking Your Spending

Week of October 9 — online learning Understanding Credit

October 16, 2012 Wapello County Extension Meeting Room, 214 East Main, Ottumwa, Iowa 52501

In-person wrap-up session

- Panel of community resources
- Coaching scenarios reveiw
- Questions / Wrap-up

REGISTRATION

Sharpen Your Financial Coaching Skills

Registration deadline: September 4, 2012

Registration fee: \$60

Select Session:

1:00pm-3:30pm

6:00pm - 8:30pm

Complete this form and mail with a check payable to IOWA STATE UNIVERSITY.

Name

Address

City/State/Zip

E-mail

Phone

RETURN FORM AND PAYMENT TO:

Wayne County Extension Attn: Joyce Lash PO Box 281 Corydon, Iowa 50060