# Please Join Us!

The Southeast Iowa Early Care and Education Symposium brings together experts and practitioners to help you learn more and improve the quality of your childcare or preschool facility. The speakers and sessions are designed to help you make your operation the very best. Plus, this day-long event offers CEU's and training hours for childcare providers.

Just detach and return the registration form to join us for a great day of fun and learning!

## **Schedule:**

7:30-8:30	Registration and Vendor time
8:30-10:00	Session I -breakouts
10:00-10:15	Break
10:15-11:45	Session II -breakouts
11:45-12:30	Lunch & Vendor time
12:30-2:00	Session III -breakouts
2:00-2:15	Break
2:15-3:45	Capstone Presentation
3:45-4:00	Wrap up, evaluations & door
	prizes

# **Capstone Presentation:**

# Sing Your Song

Christina Heald, Early Education Music Specialist How many times in our lives do WE, ourselves, forget that our heads, hearts --- and spirits are connected? It takes time, energy, and patience to pay attention to ourselves: to our needs, our thoughts, and our feelings. Finding the balance that connects these elements is important for listening to the messages our bodies are trying to communicate with us. It is important to nurture ourselves with the love, respect, and compassion that will help us sing our song

**New This Year!** *Scholastic Book Fair* along with our usual product vendors and community information booths.

## **Continuing Education:**

Indian Hills will provide continuing education credits. 6 DHS contact hours will be awarded for the day.

#### **Cancellations & Refunds:**

Cancellations made before April 4, 2014 will receive a refund of their registration fee minus a \$5 processing fee. No refunds will be available after April 4.

## **Substitutions:**

Substitutions will be charged a \$10 processing fee and certificates for late substitutions may not be avalabile the day of the event.

### Walk-Ins:

Walk-ins will be accepted on a space available basis. Lunch may not be available for walk-in registrants.

# Thanks to our partners:

American Home Finding Child Care Resource and Referral Great Prairie AEA Indian Hills Community College Iowa State University Extension & Outreach Mahaska Wapello Early Childhood Iowa

### For more information contact:

Heather Miller, CCR & R 641-670-1533 hmiller@orchardplace.org

Pat McReynolds, MWECI Area Director 641-451-5437 patmcr@wildblue.net



2014
Southeast Iowa

Early Care & Education
Symposium

Saturday, April 12, 2014 8:30 am- 4:00 pm

> Indian Hills College Rural Health Education Center Ottumwa

Indian Hills Community College 525 Grandviw Ave. Ottumwa, 14 52501

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List any food allergies or special dietary needs you may have:	, , ,

Registration

## Session I Breakouts 8:30-10:00

#### What is PCIT?

#### Christina Schark, SIMHC Director

Parent-child interaction therapy (PCIT) works with parents and children together to promote a positive parent-child relationship while decreasing the child's behavior problems. The goals of the program are to increase positive feelings and interactions between parents and children, to improve child behavior, and to empower parents to use consistent, predictable, effective parenting strategies. Learn more about how the program works and how to make a referral.

#### The Creative Curriculum® Study Starters: Boxes Leann Andre

This session will discuss the difference between studies and themes. Studies are one of the most effective ways for children to learn science and social studies content while developing skills in literacy, math, the arts, and technology. Studies are meaningful to children because they provide them with opportunities to gain information through direct observation and experimentation and then to link new ideas to what they already know.

# Bed Bugs and Integrated Pest Management Mark H. Shour, Ph.D.

Come learn nearly everything you want/care to hear about a pest that is considered the #1 pest for pest management professionals – the common bed bug. You will be an active learner in this workshop, providing feedback to co-participants and the speaker. You will leave the session being thoroughly informed about this pest's basics (identification, biology, and habits), ways to prevent infestations, the four basic steps to integrated pest management and be able to explain why integrated pest management is the best treatment method against this pest.

# Implementing Responsive, Reciprocal, and Respectful Care in Infant and Toddler Care

#### Laurie Jeffries

Implementing responsive, reciprocal, and respectful care for infants and toddlers can be a very fulfilling experience for you and the child. This session will explain how to provide this type of care and give you the knowledge to implement the care.

# **Defusing Meltdowns**

#### Rebecca Clausen

I try to avoid situations that I know will cause problems, but I can't prepare for every circumstance. How do I get through the inevitable meltdowns? Come and learn to use the Defusing Meltdown Strategy Power Tool to help children with Autism and their caregivers:

- 1. Get through the meltdown crisis
- 2. Develop strategies to avoid meltdowns and to self- regulate behaviors
- 3. Take care of the parent/caregiver

## Promoting Safety in the Outdoor Play Area Amy Bentley

It is estimated that 80% of injuries in educational programs happen in the outdoor play area. Led by staff from the National Program for Playground Safety, this session will give participants a basic understanding of how to keep kids safe while playing outdoors while reducing program liability.

## Session II Breakouts 10:15-11:45

#### Social Stories

#### Rebecca Clausen

How can something as simple as a Social Story make a difference? Come in and learn to use this great Social Story Power Tool to help children with Autism:

- 1. Prepare for new events and settings
- 2. Improve challenging behaviors
- 3. Encourage engagement in activities

# Safe Sleep: Reducing the Risk of SIDS and Other Sleep Related Infant Deaths

#### Patty Keeley

This session will explore current medical models for Sudden Infant Death Syndrome, identify the environmental modifications that the AAP recommends to reduce the risk of SIDS and other accidental sleep related infant deaths, and discuss the expectations of the childcare provider in providing a safe sleep environment and their role in the event of an infant sleep related death.

### Getting to Know the Iowa Early Learning Standards Tammy Bormann

The Iowa Early Learning Standards are for everyone who touches the lives of children. The standards were revised in 2012 and describe what children should know and be able to do in the first five years of life. Come learn about the standards and how they impact your work with children and families.

# How to Arrange a Room with Materials to Satisfy ITERS Requirements Laurie Jeffries

"WOW how do I get all of those areas for ITERS requirements with the appropriate number of items into my classroom?" If you have said this to yourself or someone else- this is the class for you. I will explain how we fulfill the ITERS requirements in our program with pictures and lecture ideas. Bring your questions and let's brainstorm together!

# CIRCLE Best Practices- Early Language and Literacy including Math Lacey Johnson

Best practices are research based instructional approaches that have shown the highest gains in children's knowledge. Come learn the best practices for your program from activities to schedules to classroom management.

# Big Body Play: Natural and Needed or Aggressive and Unwanted? Get the Real Story

#### Johnna Haggerty

While out on the playground today two of the children were wrestling, three of them jumped off the climber and a number of children tried to climb up the slide. Does this make you nervous? Do you march over to stop the behavior? Have your every considered that these might be important for young children? Find out why these activities are important and learn strategies to support appropriate Big Body Play.

### Session III Breakouts 12:30-2:00

# How Early Childhood Impacts School Readiness Lacey Johnson

This session introduces the basic concepts and issues related to early brain development focusing on how the early years set the foundation for lifelong learning in each of the developmental areas: language, motor, cognitive, and social- emotional. The four areas discussed will help you to identify strategies that can be used to help to nurture and build a healthy brain.

### Visual Schedules

#### Rebecca Clausen

You don't have time to fool around with Visual Schedules for your children on the Autism Spectrum? You might want to think again after learning how to use a Visual Schedule as a Power Tool to decrease stress on children (and caregivers!), help children on the Autism Spectrum feel secure and independent and increase flexible thinking in children resistant to change

### CDA and T.E.A.C.H. 101

#### Johnna Haggerty

This session will provide an overview of the updated process to earn a Child Development Associate (CDA) Credential<sup>\*\*</sup>. Information will be shared about applying for a CDA and the assessment process. You will learn how T.E.A.C.H. Early Childhood\* IOWA can help with a variety of scholarship options for the CDA or another type of college degree in early childhood. We support early childhood professionals across the state and provide a variety of resources – come meet a T.E.A.CH. Counselor and learn more!

#### Planning Activities Doesn't Have to be Difficult Heather Miller

Learn how to implement learning in a play-based environment using both teacher and child centered activities. This session will help you identify the purpose/goals of your activities, and how to individualize these activities for each child in your care.

#### Injury Prevention in Child Care Environments Jane Matzen, MA, RN, CPNP

Improve the level of safety for the children in your care. Learn about preventable injuries and a risk reduction methodology tailored to your unique child care business.

#### Who's Got the Beat? Christina Heald

Beat, rhythm, and pre-music literacy will be explored in this workshop with an emphasis on individual and teamwork concepts. Various instruments such as drums, wood blocks, rhythm sticks, triangles, and the use of body percussion will be utilized to demonstrate ideas. Active listening games, creative movement, and visual/auditory cues will also be introduced to help facilitate learning. Methods to teach rhythm will be discussed and attendants will learn how to inspire children to appreciate music by teaching them how to read and compose simple, as well as, layered rhythms. Several types of notation and symbols will be discussed that will appeal to many developmental age levels. Bring your excitement and willingness to play and learn!